True Health Initiative Volunteer Program

True Health Initiative (THI)’s Volunteer Program welcomes volunteers who are enthusiastic about lifestyle medicine as well as the interrelatedness of issues in public health, dietary patterns and the environment.

Volunteers will help advance THI’s mission through a number of activities based on the volunteers interests, skill sets, time commitments and organizational need. Projects may include grant prospecting and drafting, social media and communications, analyzing and compiling public health data regarding policy concerns, planetary health and more!

We ask that our volunteers are detail oriented, aligned with our mission, willing to learn and have a clear understanding of time management and commitments.

To apply to volunteer with us, please send your cover letter, a writing sample and your resume to our Director of Operations and Development, Jennifer Gannett, at jgannett@truehealthinitiative.org