True Health Initiative Internship Program

True Health Initiative (THI)’s competitive Internship Program welcomes interns who are enthusiastic about lifestyle medicine as well as the interrelatedness of issues in public health, dietary patterns and the environment. Interns will have the opportunity to help advance THI’s mission, communicating to the public that there is consensus about health, and clarifying and emphasizing the importance and benefits of lifestyle intervention. Although we may be unable to offer a stipend at this time, THI will happily work with you and your school to ensure academic credit if it is available to you -- we encourage you to check with your advisor.

Candidates must possess strong writing, research and comprehension skills. Please be able to pay close attention to detail, work independently in a remote environment (including timely responses to communications), available for weekly cohort check-in meetings as well as regular one on one meetings, and comfortable using G Suite and Asana. Although not required, an interest in digital communications across multiple platforms can be helpful.

We offer a unique opportunity to have a very hands-on internship, providing you with important skill sets. Responsibilities may include:

- Researching articles and information about health, nutrition and lifestyle
- Grant prospecting and drafting
- Assisting in social media, website content creation and other outreach activities
- Hands on article writing and revision
- Analyzing and compiling public health data regarding policy concerns
- Assistance with Council Member stewardship
- Researching and drafting communications on behalf of THI to regulatory agencies around rules and regulations promoting healthy lifestyles and sustainability

To apply, please send your cover letter, a writing sample and your resume to our Director of Operations and Development, Jennifer Gannett, at jgannett@truehealthinitiative.org